



# Personal Development



Archdiocese of Liverpool

## Curriculum intent:

Treat each child as a child of God and work to improve their knowledge and understanding of His world and their place within it.

Ensure that young people learn how to be a good citizen and take their place in God's world.

Build upon previous learning and experiences to develop our young people's knowledge and understanding of themselves, society and the world in which they live.

Ensure that young people are socially developed and equipped with the personal skills necessary to embrace the next stage in their lives.

Challenge misconceptions, intolerance, prejudice and discrimination on the grounds of gender, race, creed, sexual orientation and/or disability as per the Equality Act 2010 ensuring that all are recognised as part of God's creation, thereby encouraging them to challenge these intolerances in our society.

## Year 8

TERM 1

### Content

#### Living in the wider world

- History of voting
- Key features of local and national government
- How do political parties work for you?
- Bullying, young people and the law
- Healthy attitudes to time online

### Concepts and Skills

- Knowledge of the British political system
- Political literacy development
- Developing understanding of democratic and legal rights and responsibilities
- Continuing to develop analysis and evaluation skills

TERM 2

#### Health, wellbeing and living in the wider world

- Understand the importance healthy relationships
- First aid & personal safety
- Understand more about yourself through careers, employability and enterprise education. Know where to look for useful information about careers and the world of work. Plan for the future using career management, employability and enterprise skills

- Knowledge of the concept of peer pressure
- Knowledge of careers and finance
- Collaborative Learning
- Developing economic literacy
- Continuing to develop application and analysis skills on issues of online activity in the real world
- Developing learning for life and work skills

TERM 3

#### Safe and healthy relationships

- Types of bullying
- Peer influences / knife free
- Positive mental health (body image)
- Managing change and loss
- Consent and contraception
- Domestic abuse

- Knowledge of healthy lifestyles
- Developing first aid skills
- RSE skills for life
- Developing resilience and self worth

