



Personal Development



Archdiocese of Liverpool

Curriculum intent:

Treat each child as a child of God and work to improve their knowledge and understanding of His world and their place within it.

Ensure that young people learn how to be a good citizen and take their place in God's world.

Build upon previous learning and experiences to develop our young people's knowledge and understanding of themselves, society and the world in which they live.

Ensure that young people are socially developed and equipped with the personal skills necessary to embrace the next stage in their lives.

Challenge misconceptions, intolerance, prejudice and discrimination on the grounds of gender, race, creed, sexual orientation and/or disability as per the Equality Act 2010 ensuring that all are recognised as part of God's creation, thereby encouraging them to challenge these intolerances in our society.

Years 10

TERM 1

Content

Living in the wider world, health and wellbeing

- Human rights and my own responsibilities
- Honour based violence
- Disability, pressure groups and challenging prejudice
- Organ and stem cell donation
- Cancer/self-checking

Concepts and Skills

- Knowledge of human rights and responsibilities
- Development of political literacy
- Continuing to develop analysis and evaluation skills
- Collaborative learning skills
- Oracy skills

TERM 2

Health, wellbeing and living in the wider world

- Substance abuse and addiction
- Positive mental health (self-esteem/media influences)
- Understand more about yourself through careers, employability and enterprise education
- Consider how money can impact our mental health

- Knowledge of financial wellbeing
- Collaborative learning
- Developing economic literacy
- Development of knowledge of self (with reference to the job market)
- Promotion of responsible spending

TERM 3

Safe and Healthy Lifestyles

- Relationship challenges & myths
- Conflict in relationships
- Stereotypes, prejudice and discrimination
- Contraception
- STIs

- Knowledge of maintaining healthy relationships
- Application of cross-curricular knowledge and understanding from science and R.E.
- Evaluating self-worth and projecting ideas for the future
- Developing self-awareness in health

